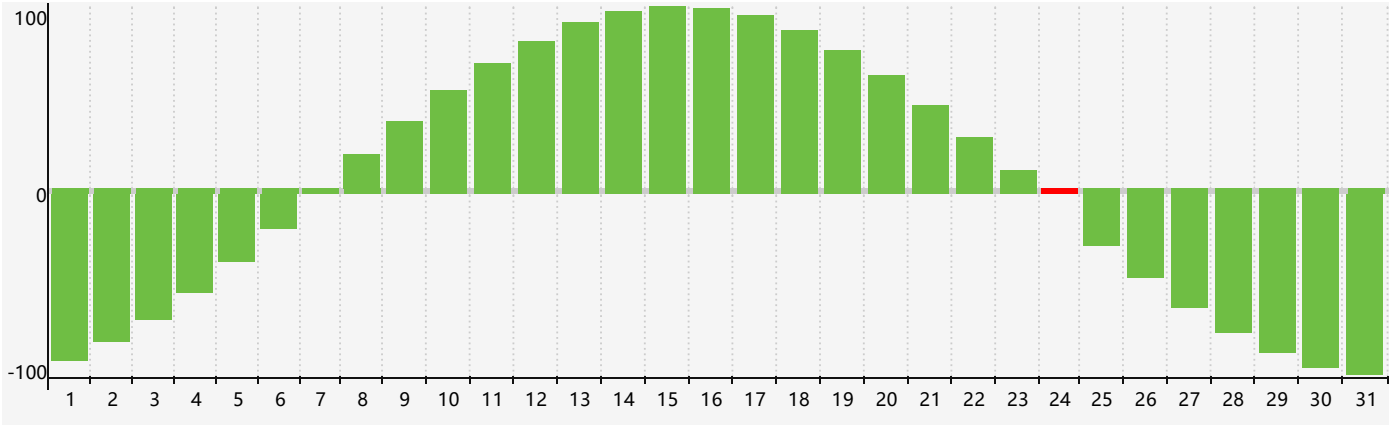
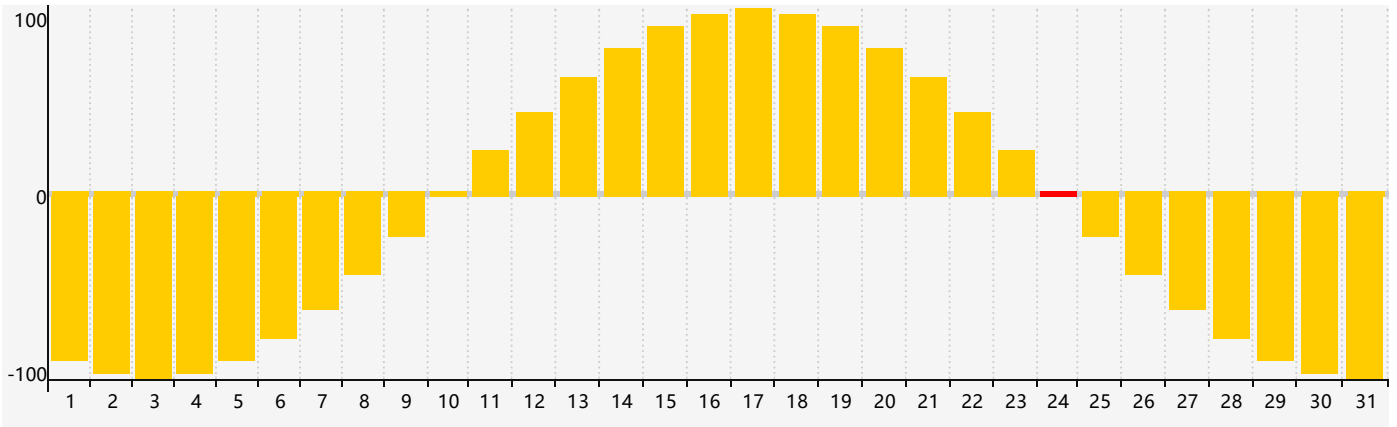


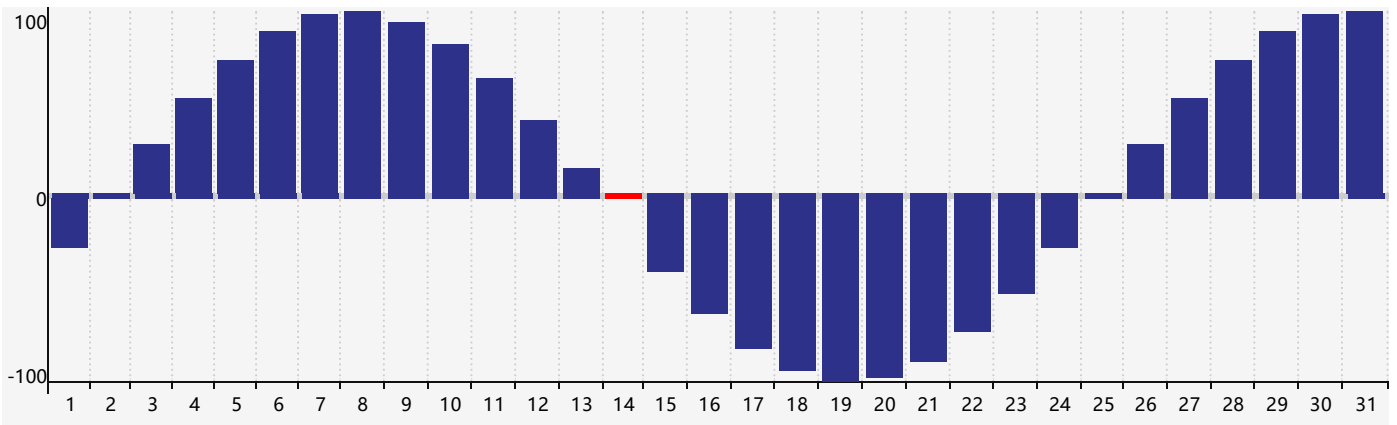
January 2024 Intellectual Biorhythm Charts




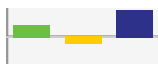


January 2024 Emotional Biorhythm Charts



January 2024 Physical Biorhythm Charts



January 2024

SUN	MON	TUE	WED	THU	FRI	SAT
31 	1 	2 	3 	4 	5 	6 
7 	8 	9 	10 	11 	12 	13 
14 Physical 	15 	16 	17 	18 	19 	20 
21 	22 	23 	24 Intellectual 	25 Emotional 	26 	27 
28 	29 	30 	31 	1 	2 	3 