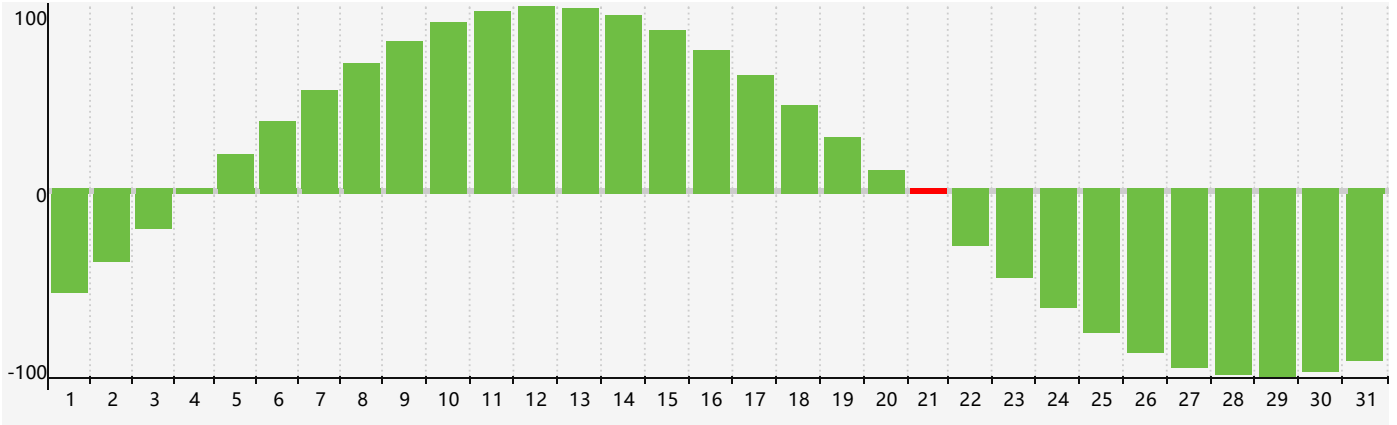
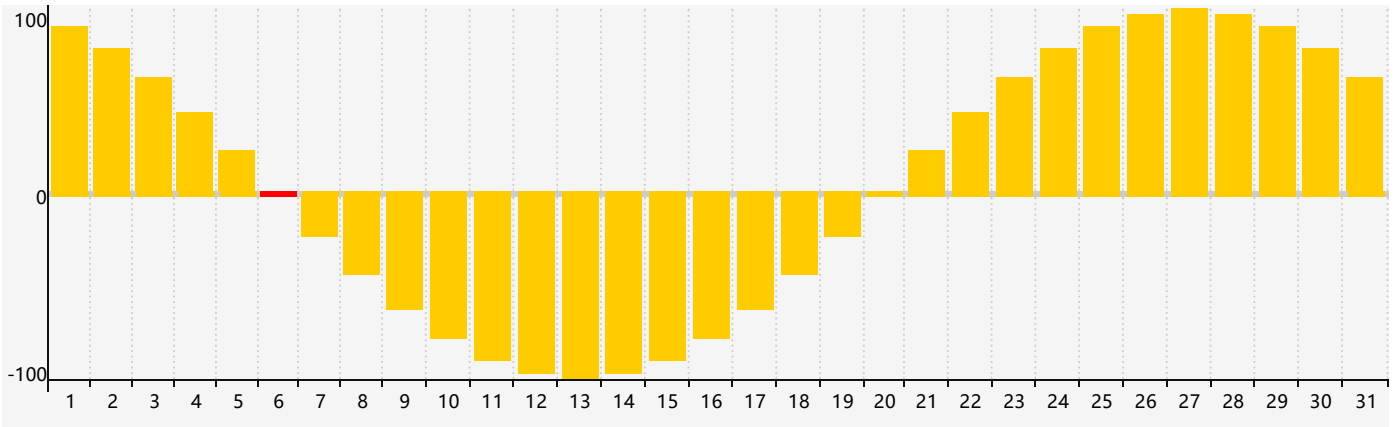


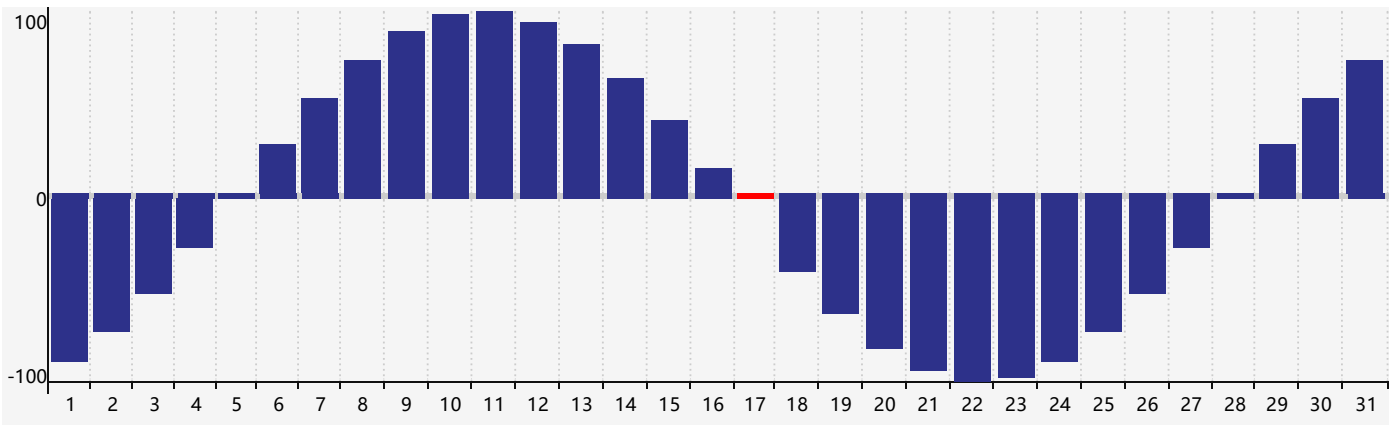
December 2023 Intellectual Biorhythm Charts



December 2023 Emotional Biorhythm Charts



December 2023 Physical Biorhythm Charts



December 2023

SUN	MON	TUE	WED	THU	FRI	SAT
26	27	28	29	30	1	2
3	4	5	6 <small>Emotional</small>	7	8	9
10	11	12	13	14	15	16
17 <small>Physical</small>	18	19	20	21 <small>Intellectual</small>	22	23
24	25	26	27	28	29	30
31	1	2	3 <small>Emotional</small>	4	5	6