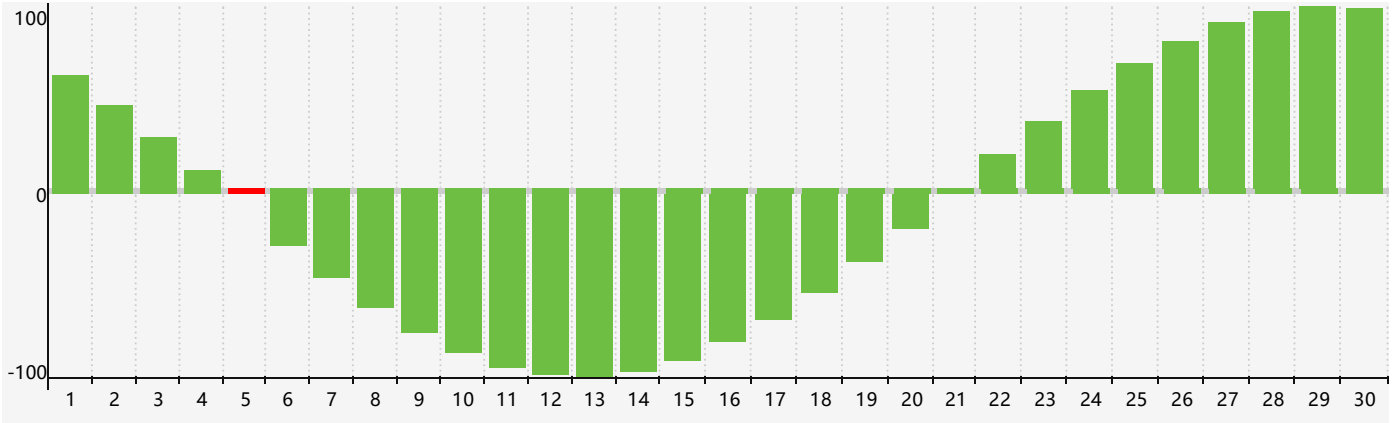
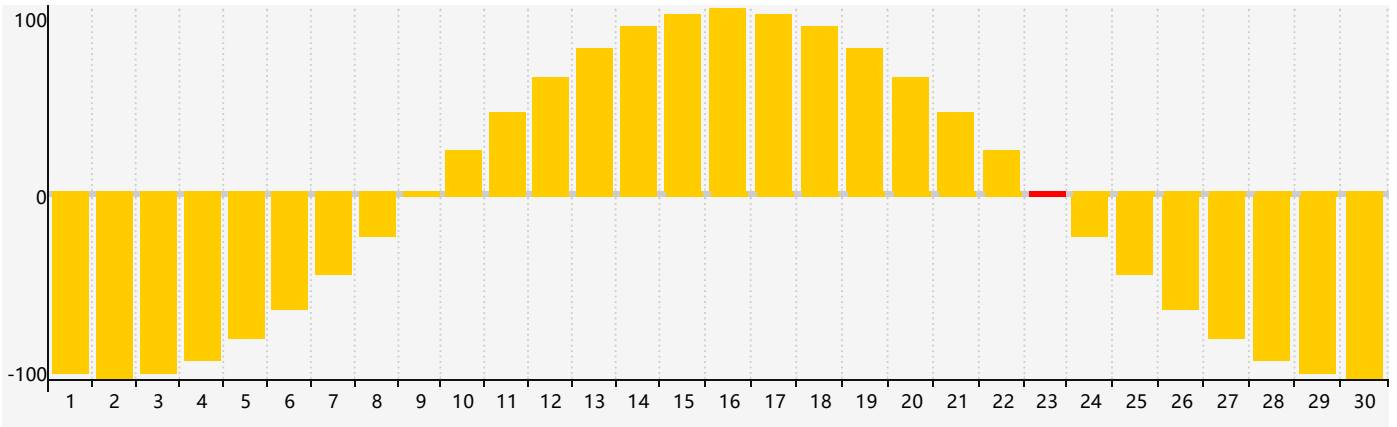


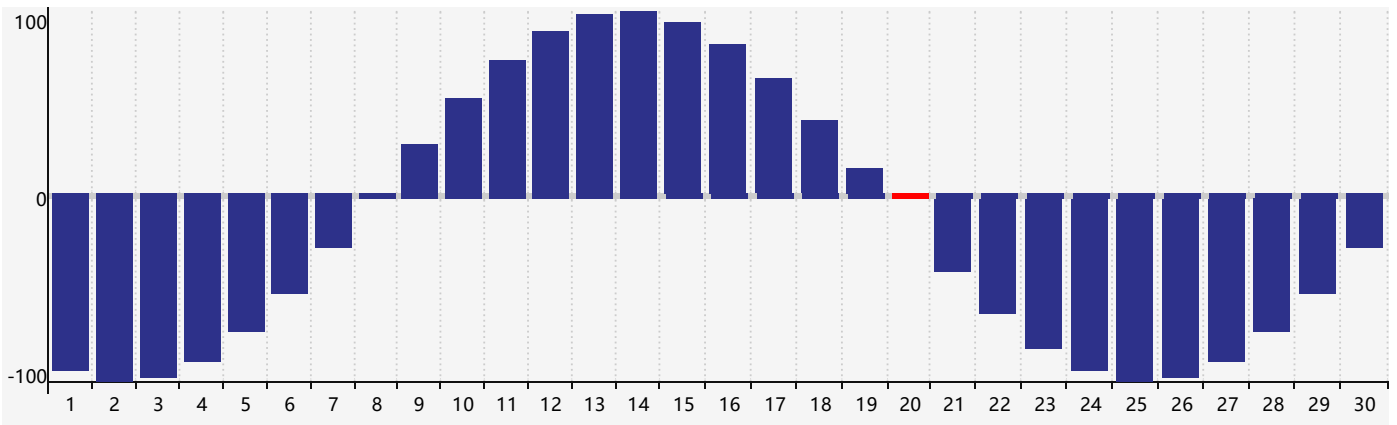
November 2023 Intellectual Biorhythm Charts



November 2023 Emotional Biorhythm Charts



November 2023 Physical Biorhythm Charts



November 2023

SUN	MON	TUE	WED	THU	FRI	SAT
29 	30 	31 	1 	2 	3 	4 
5 Intellectual 	6 	7 	8 	9 	10 	11 
12 	13 	14 	15 	16 	17 	18 
19 	20 Physical 	21 	22 	23 Emotional 	24 	25 
26 	27 	28 	29 	30 	1 	2 