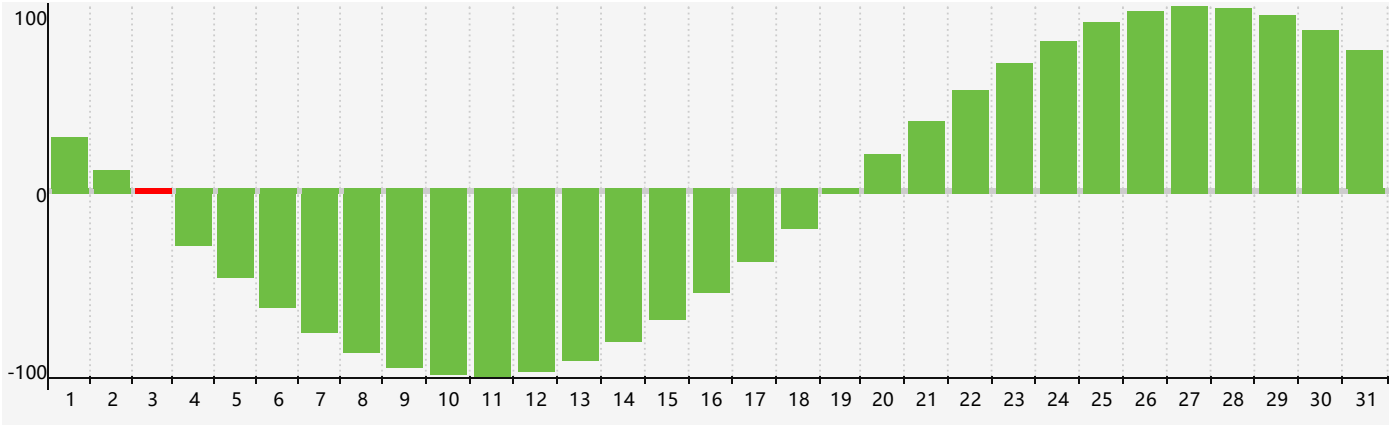
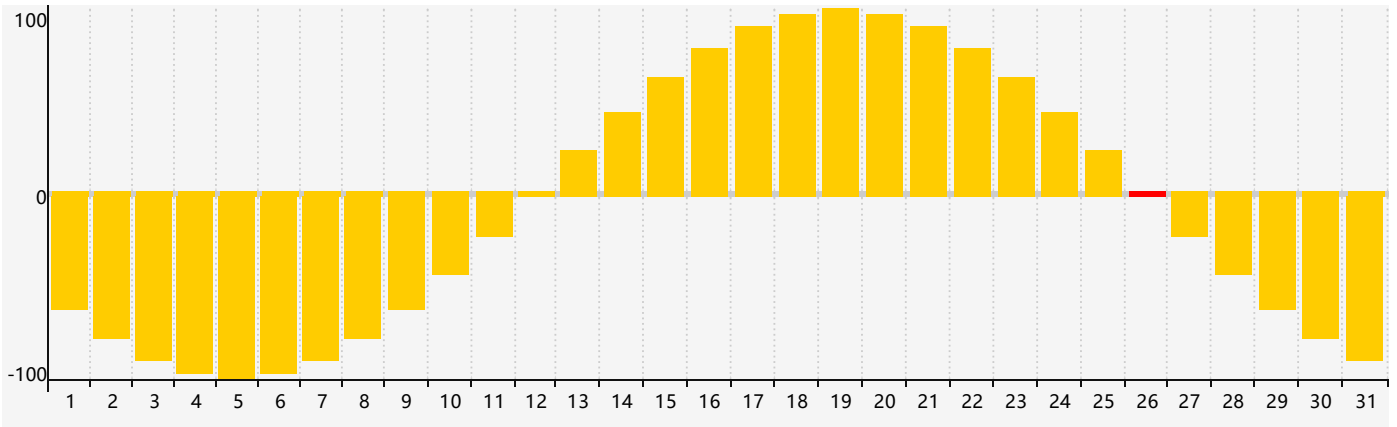


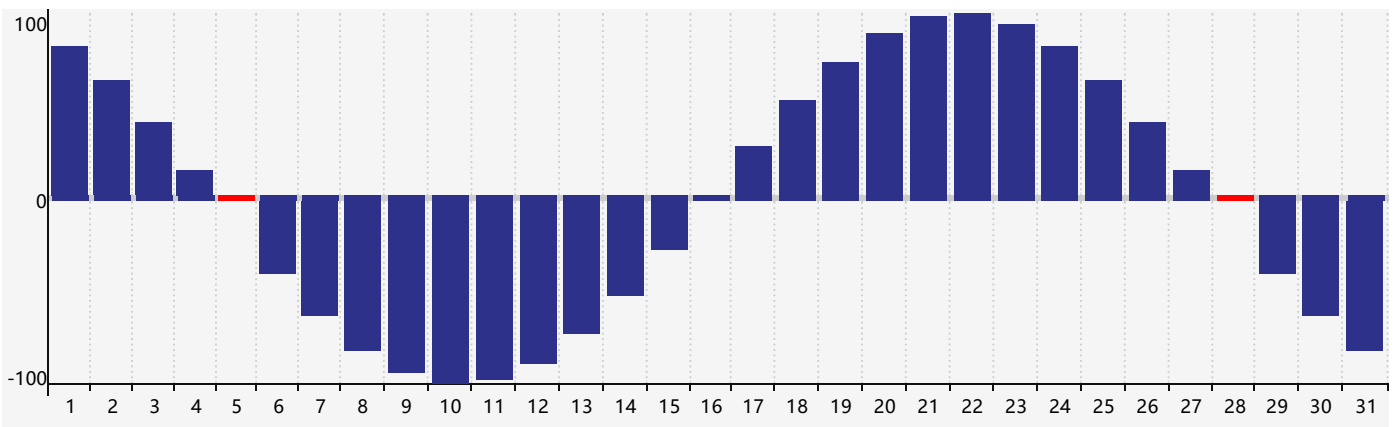
October 2023 Intellectual Biorhythm Charts



October 2023 Emotional Biorhythm Charts



October 2023 Physical Biorhythm Charts



October 2023

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 	3 Intellectual 	4 	5 Physical 	6 	7 
8 	9 	10 	11 	12 	13 	14 
15 	16 	17 	18 	19 	20 	21 
22 	23 	24 	25 	26 Emotional 	27 	28 Physical 
29 	30 	31 	1 	2 	3 	4 